April 22, 2020

Dear New Life Clients –

Over the past few weeks, a lot has changed in our world. Many of our activities, groups and support structures we all count on are limited or in some cases, not available at all right now. This may include access to your primary care physician or specialists for non-emergency visits or surgeries.

At New Life, we understand your pain, whether it be back, knee, shoulder, hip, or anywhere else, doesn’t care about COVID-19. And while most people understand the value of in person physical therapy, the overall experience of working with your expert New Life PT clinician goes well beyond the face to face interaction. Often times you gain:

1. Peace of mind – Is this something serious that I need an x-ray or to see a surgeon for or not?
3. Expectations – Will this go away on its own or will waiting without taking care of it just make it worse and take longer to get better?
4. Movements/Exercises – These are important for relief of symptoms and your ability to take control of your issue. The key is finding the RIGHT exercises.

That’s why we remain open and available to work with you in whatever manner you feel most comfortable.

**Onsite, In-Person** – Our clinics in Portage & Baraboo are open and following all guidelines from the CDC and the Wisconsin Department of Health. In addition:

- Only healthy and well individuals are coming on premise. Each person is screened prior to coming in the building each day to ensure they are well.
- Light traffic, with only a small number of people coming in and out of our clinic each day.
- There are hand sanitizing stations and sink available for people to wash/sanitize upon entering and leaving the clinic.
- We have increased cleanings where we wipe down all commonly touched items in passing. We wipe down and clean each piece of therapy equipment and items after use or contact.
- We are taking extra precautions in wearing masks under the appropriate circumstances

**Live Online Telehealth** – This service allows you to work directly with a physical therapist from the comfort of your own home. Please feel free to call us with any questions or:

- To learn more, click [“Telehealth – What to Expect with New Life PT.”](#)
- To schedule an appointment, click on the Live Online Telehealth button on the top menu of our [website](#).

In addition, we are continuing to evaluate other ways we can support our communities, including transitioning our popular monthly workshops to an online format. Stay tuned!

Together, we will get through these challenging times. Our mission has been, and will continue to be, to empower YOU to do the important things that make your life worth living. Be well.

Sincerely,

Dr. Mary Rose Strickland
President – New Life Physical Therapy